TRANSITION TO DISCIPLINE #1: OBTAIN A HISTORY FROM A PATIENT PRESENTING WITH A COMMON MENTAL HEALTH CONCERN

Short Description:
Obtain a relevant and accurate history of the present illness from a patient who presents with a single prominent mental health concern.

Assessment Plan Summary:
- Direct Observation (mobile assessments, encounter cards in clinical situations and seminars)
- OSCE

Milestones:

Performs an interview that covers pertinent data on the presenting complaint or problem
1. Addresses pertinent diagnostic criteria for presenting complaint and other regularly comorbid illnesses
2. Elicits stressors related to presenting illness
3. Screens for mood symptoms
4. Screens for anxiety symptoms
5. Screens for psychotic symptoms
6. Screens for substance use

Presents the history of the present illness
1. Presents case in an orderly, concise, systematic manner that is sufficiently detailed
2. Addresses pertinent positives, negatives and items that were missed while obtaining a history

Be aware of major diagnostic categories in the DSM
1. Bipolar and related disorders
2. Depressive disorders
3. Schizophrenia spectrum and other psychotic disorders
4. Anxiety disorders
5. Substance related and addictive disorders
6. Personality disorders
7. Obsessive compulsive and related disorders
8. Trauma and stressor related disorders

Communicates effectively and interacts in a respectful and professional manner
1. Introduces self
2. Explains interview
3. Remains respectful and nonjudgmental
4. Genuine interest displayed by verbal and non-verbal responses
5. Acknowledges patient’s distress with empathic responses
6. Interrupts or redirects politely when required
7. Facilitates organization of disorganized patients
8. Engages patient in a culturally appropriate manner

Scope: Adult in a clinical or educational setting