

Appendix A – Clinical/Research Fellowship Award Announcement

Award Overview

Application Deadline: April 15, 2019

Where to apply: The Department of Psychiatry

Value/Duration: \$51,000, a 12-month period commencing September 1, 2019

Level of study: Completion of Psychiatry Residency

Required Legal Status: Canadian Citizen or Permanent Resident

Purpose:

The Buddhist Education Foundation of Canada Fellowship in Buddhism and Psychiatry will foster the study of Buddhism, including its sociocultural history, teachings and philosophy, and traditions and practices, and its application in the mental health field, especially in psychiatry. This work is expected to contribute to the advancement of holistic mental health care, bridging across biological, psychological, sociocultural, and spiritual domains. This can include but not restricted to the exploration of alignment between mindfulness-based psychological approaches such as Acceptance and Commitment Therapy (ACT) and the common tenets and practices of Buddhism. The Fellowship will provide an award of \$51,000 for a Canadian graduate from a psychiatry residency program to conduct academic study and research in this area within the Department of Psychiatry at the University of Toronto.

Eligibility:

In order to be eligible the applicant must be:

- A graduate of a recognized psychiatry residency program
- Willing to conduct academic study and research in Buddhism and its application in psychiatry at the University of Toronto
- Willing to audit two half courses in Buddhist Studies, one half-course per-semester, with any associated fees waived by Emmanuel College or other offering units
- Willing to be supervised by a lead from the Department of Psychiatry/Asian Initiative in Mental Health, University Health Network potential secondary supervisors including Buddhist scholars, Dharma teachers and their teams
- Willing to co-conduct spiritually integrated group psychotherapy at the University Health Network and in community settings with a Buddhist teacher
- Willing to write a reflective essay or an academic paper by completion of the fellowship
- Willing to deliver one oral/poster presentation on learnings at an academic conference, one presentation at a community event, and one presentation at Emmanuel College
- Willing to complete a one-page progress report at 6 months and a one-page final report at the completion of the 1- year fellowship

Selection Criteria:

The fellow will be selected based on their ability to represent and advance collaboration in the area of Psychiatry and Buddhism; their record of academic achievement, and the ability to demonstrate their promise in their field. The selection process will also take into account the candidates' desire to broaden their knowledge regarding the alignment between psychiatry and Buddhism.

All short-listed applicants will be interviewed by a selection committee as part of the selection process.

Application Process:

All applicants must complete the official application form available at <https://www.psychiatry.utoronto.ca/apply-fellowship-program>

Completed applications will include the following:

- Completed and signed application form
- CV
- Transcripts from all attended universities
- Two Letters of Reference from the Director of a residency program, or other graduate training program

Results:

At the close of the competition, all applicants will be notified of the results.

Contact Info:

Please send inquiries and applications to: psych.fellows@utoronto.ca