Transition to Discipline #1: Obtain a History from a Patient Presenting with a Common Mental Health Concern

**Short Description:**
Obtain a relevant and accurate history of the present illness from a patient who presents with a single prominent mental health concern.

**Assessment Options:**
- Direct observation in clinical situations or educational seminar
- OSCE (if applicable station)

**Scope:**
- Adult in a clinical or educational setting

**Possible Clinical Settings:**
- Any psychiatry rotation

**Milestones:**

**TTD1M1**
**Performs an interview that covers pertinent data on the presenting complaint or problem**
- Addresses pertinent diagnostic criteria for presenting complaint and other common comorbid illnesses
- Elicits stressors related to presenting illness
- Screens for mood symptoms
- Screens for anxiety symptoms
- Screens for psychotic symptoms
- Screens for substance use
- Screens for trauma

**TTD1M2**
**Presents the history of the present illness**
- Presents case in an orderly, concise, systematic manner that is sufficiently detailed
- Addresses pertinent positives, negatives and items that were missed while obtaining the history

**TTD1M3**
**Be aware of major diagnostic categories in the DSM**
- Bipolar and related disorders
- Depressive disorders
- Schizophrenia spectrum and other psychotic disorders
- Anxiety disorders
- Substance related and addictive disorders
- Personality disorders
- Obsessive compulsive and related disorders
- Trauma and stressor related disorders

**Communicates effectively and interacts in a respectful and professional manner**
- Introduces self
- Explains interview
- Remains respectful and nonjudgmental
- Genuine interest displayed by verbal and non-verbal responses
- Acknowledges patient’s distress with empathic responses
- Interrupts or redirects politely when required
- Facilitates organization of disorganized patients
- Engages patient in a culturally appropriate manner
- Engages patient in a trauma-informed manner