FOUNDATIONS OF DISCIPLINE #1: PERFORM A PSYCHIATRIC ASSESSMENT IN A PATIENT WITH A COMMON PRESENTATION

Short Description:
Learner should be able to perform a basic psychiatric assessment with a patient presenting with common mental health concerns such as psychosis, mood, substance, anxiety or personality disorders. Learner should be able to differentiate a primary and initial diagnosis to inform the initial management plan.

Assessment Options:
- Direct observation
- Mock STACER
- STACER

Scope:
- Any patient in a clinical or educational setting

Possible Clinical Settings:
- Any psychiatry rotation

Milestones:

**Establishes and maintains rapport and effective therapeutic alliance**
- Communicates with empathic non-judgemental responsiveness to patient

**History gathering is appropriately comprehensive to establish a diagnosis and inform a management plan**
- Gathers an appropriate history regarding risk (self and others)

**Adjusts interview content and style to the patient’s presentation**
- Adapts the interview based on patient’s acuity, level of distress and cognitive abilities
- Adapts language to patient

**As indicated, integrates collateral information, medical investigations and other data needed to construct a comprehensive formulation**