Short Description:
Learner should demonstrate competence in formulating patients and developing, implementing, and monitoring a management plan in a variety of psychiatric settings for patients with common mental health concerns.

Assessment Options:
- Direct observation
- Psychodynamic case report
- Mock STACER
- STACER

Scope:
- Any patient in a clinical or educational setting

Possible Clinical Settings:
- Any psychiatry rotation

Milestones:

**FOD2M1**
Develop a comprehensive formulation that takes into account biological, psychological, social, cultural including developmental and spiritual factors (i.e. the bio-psycho-social model) and history of trauma
- Formulation should be specific to the patient and take into account whole person experience
- Formulation should include an appropriate organizational structure (for example: grounded in a patient’s predisposing, precipitating, perpetuating and protective bio-psycho-social-cultural factors)

**FOD2M2**
Develop a differential diagnosis and justify the preferred diagnosis
- Differential list is appropriate size (neither to narrow nor too broad)
- Diagnoses make sense based on the history obtained.

**FOD2M3**
Develop a treatment plan that incorporates biological, psychological, social, cultural, developmental and spiritual considerations, as well as history of trauma, which could include items such as:
- Obtain informed consent
- Order investigations required to start a specific medication
- Initiate and titrate an evidence-informed pharmacological intervention
● Monitor for common and serious side effects and response to medication
● Initiate and monitor side effects and response to ECT and/or rTMS
● Identify and manage barriers to compliance
● Consider potential drug interactions and medical comorbidities
● Be aware of, and access as indicated, institutional, municipal, provincial and other appropriate resources
● Suggests care that incorporates psychotherapeutic skills
● Considers patient’s social supports with resources and care as indicated

Conveys the formulation, diagnosis and plan accurately and clearly
● Uses a bio-psycho-social-cultural framework
● Identifies short, medium and long term management goals
● Links the formulation to the management plan
● Communicates effectively, in writing or orally