**CORE OF DISCIPLINE #6: ASSESS AND MANAGE AGITATION AND AGGRESSION**

**Short Description:**
The learner should gain competence in the identification, assessment, and management of acute aggression, individually or in a team setting, incorporating the local mechanisms to address safety issues.

**Assessment Options:**
- Direct observation
- Simulation

**Scope:**
- Adult in clinical setting or simulated setting

**Possible Clinical Settings:**
- Emergency Room
- Inpatient Unit

**Milestones:**

**COD6M1: Assess an agitated patient and construct a broad differential diagnosis, including psychiatric and non-psychiatric causes.**
- Construct a differential diagnosis
- Identify salient risk factors for aggression
- Link mental status findings to risk of aggression
- Recognize and investigate toxidromes and medical causes of agitation
- Interpret laboratory and radiographic results

**COD6M2: Create a safe environment for the patient, self, and team**
- Be aware of positioning in the room
- Bring appropriate support
- Maintain easy access to means of exit
- Be aware of local mechanisms to summon help when required
- Be aware of sharps and other items that could be used as weapons
- Use de-escalation and other non-pharmacological strategies to promote safety
- Recognize the impact of the interventions on the patient and apply trauma-informed approach

**COD6M3: Implement a comprehensive pharmacologic management plan for agitation and aggression**
- Select appropriate acute pharmacological interventions and route of administration
- Write orders for chemical and mechanical restraints and associated monitoring protocols
- Recognize and be aware of risk factors that increase the risk of side effects
COD6M4: Collaborate with an interprofessional healthcare team to manage agitation (e.g. code white)
- Explain and use local safety mechanisms
- Communicate clearly with security team
- Participate in running a Code White with an awareness of the roles of all team members
- Participate in a team debrief