Psychiatry: Foundations EPA #1

Assessing, diagnosing and participating in the management of patients with medical presentations relevant to psychiatry

Key Features:
- This EPA focuses on management of medical presentations relevant to psychiatry, and recognition and initial management of medical emergencies.
- Examples include the following: substance intoxication; overdose and withdrawal; endocrine and metabolic disorders; delirium; stroke; traumatic brain injury; acute MI, HTN, CHF, COPD, and neuropsychiatric presentations of medical illness (seizure disorder, movement disorders); MS; Huntington’s; Parkinson’s disease.
- This EPA includes performing a medical assessment, including a general physical exam and neurological assessment, and interpreting relevant investigations.

Assessment Plan:

Direct observation by psychiatrist, neurologist, internal medicine specialist/hospitalist, emergency medicine physician, pediatrician, geriatrician, family physician, physician assistant, nurse practitioner, or non-psychiatry Core or TTP resident

Use Form 1. Form collects information on:
- Medical emergency: yes; no
- Case type: substance intoxication; overdose and/or withdrawal; congestive heart failure; chronic obstructive pulmonary disease; endocrine or metabolic disorders; acute myocardial infarction; hypertension; delirium; neuropsychiatric presentations of medical illness (seizure disorder, movement disorders, MS, Huntington’s, Parkinson’s disease); stroke; traumatic brain injury; other presentation
- Setting: emergency; inpatient; outpatient
- Demographic: child; adolescent; adult; older adult
- Service: psychiatry; neurology; medicine (CTU, GIM, or Family Medicine); on-call experiences; emergency; other

Collect 8 observations of achievement
- At least 2 medical emergencies
- At least 1 substance intoxication
- At least 1 overdose and/or withdrawal
- At least 1 neuropsychiatric presentation
- At least 1 endocrine or metabolic disorder
- At least 4 different observers
- At least 3 by a supervising staff physician
Relevant Milestones:

1. **ME 1.3** Apply clinical and biomedical sciences to manage core patient presentations
2. **COM 1.1** Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
3. **COM 2.1** Conduct a patient-centred interview, gathering all relevant biomedical and psychosocial information
4. **ME 2.2** Perform a medical assessment, including general physical exam and neurological assessment
5. **ME 2.1** Differentiate stable and unstable patient presentations
6. **ME 2.4** Develop a plan for initial management of a medical presentation
7. **ME 1.6** Seek assistance in situations that are complex or new
8. **ME 4.1** Ensure follow-up on results of investigation and response to treatment
9. **COM 3.1** Use strategies to verify and validate the understanding of the patient and family with regard to the diagnosis, prognosis, and management plan
10. **COM 4.1** Communicate with cultural awareness and sensitivity
11. **COM 5.1** Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions
12. **COL 1.2** Describe the roles and scopes of practice of other health care professionals related to their discipline
13. **P 1.1** Demonstrate awareness of the limits of one’s own professional expertise