Psychiatry: Foundations EPA #3

Developing and implementing management plans for patients with psychiatric presentations of low to medium complexity

Key Features:
- This EPA includes the implementation of the management plan.
- The observation of this EPA is based on the review of a management plan and observation of the resident’s communication of the management plan to the patient.

Assessment Plan:

Direct and indirect observation by psychiatrist/psychiatric subspecialist, TTP psychiatry resident, Core/TTP psychiatry subspecialty resident, or psychiatry/psychiatry subspecialty fellow

Use Form 1. Form collects information on:
- Setting: emergency; inpatient unit; consultation liaison; outpatient; day hospital; community; assisted living; correctional; residential treatment centre; shared/collaborative care; simulation
- Case type: anxiety disorder; mood disorder; personality disorder; psychotic disorder; OCD; substance use disorder; trauma; other
- Demographic: child; adolescent; adult; older adult

Collect 6 observations of achievement
- At least 1 mood disorder
- At least 1 psychotic disorder
- At least 1 personality disorder
- At least 1 substance use disorder
- At least 1 of anxiety or trauma or OCD
- No more than 2 child or adolescent patients
- No more than 2 older adult patients
- At least 3 different observers
- At least 2 by psychiatrists

Relevant Milestones:

1. ME 2.3 Establish goals of care
2. ME 2.4 Develop and implement management plans that consider all of the patient’s health problems and context
3. ME 3.2 Describe the indications, contraindications, risks, and alternatives for a given
treatment plan

4 COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion

5 ME 2.4 Prescribe first line psychotropic medicines

6 ME 3.2 Obtain and document informed consent, under supervision

7 ME 4.1 Develop plans for ongoing management and follow-up

8 ME 4.1 Coordinate care when multiple health care providers are involved

9 COM 5.1 Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions

10 COL 1.2 Describe the roles and scopes of practice of other health care professionals related to their discipline

11 COL 1.2 Consult as needed with other health care professionals, including other physicians

12 HA 1.1 Demonstrate an approach to working with patients to advocate for health services or resources

13 S 2.5 Provide feedback to enhance learning and performance for learners

14 P 3.1 Integrate appropriate components and aspects of mental health law into practice