Psychiatry Competence Subcommittee

What does the Competence Subcommittee do?

The Psychiatry Competence Subcommittee (PCS) meets in the fall and the spring. Members of the PCS review and make decisions related to the progression and promotion of residents. They ensure that all residents are achieving the national standards established by the Royal College and the program standards established by PRPC. Each resident will receive a personalized report on their strengths, weaknesses and overall progress following each competence review.

Our Achievements

<table>
<thead>
<tr>
<th>Year</th>
<th>Residents</th>
<th>Competence Committee Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>49</td>
<td>1</td>
</tr>
<tr>
<td>2019</td>
<td>131</td>
<td>3</td>
</tr>
<tr>
<td>2020</td>
<td>91</td>
<td>2</td>
</tr>
<tr>
<td>2021</td>
<td>160+</td>
<td>4</td>
</tr>
<tr>
<td>2022</td>
<td>199+</td>
<td>5</td>
</tr>
</tbody>
</table>

Coaching and the Competence Committee

We have successfully recruited enough coaches for our ever-growing resident cohorts in CBD. Thank you to all the coaches who volunteered and to the psychiatrists-in-chief at our sites for helping with the recruitment.

This past July, we completed a major reshuffling of coach-coachee pairings, to ensure a longitudinal coach/coachee relationship moving forward.

Elentra FAQs

Q: Have you triggered an EPA for faculty completion but that encounter has now expired?
A: We can help you reactivate the expired EPA! Email Tammy tammy.mok@utoronto.ca with the encounter date, the assessor and the EPA Code i.e. FOD1.

Q: Are the EPA Maps available on Elentra?
A: Yes, we have linked the EPA Map for each PGY cohort on Elentra. Residents – you can find this under the Stages tab on your dashboard. It will look something like:

Foundations of Discipline
EPA Map for PGY2 FOD

Calling all PGY3s...

Don’t forget to attempt FOD5 (Critical Appraisal)! You’ll need three entrustments to officially progress to the Core of Discipline stage when the PCS meets in November. Review an article with your supervisor related to a clinical question using EBM principles, or present at grand rounds or journal club, and you’ll knock this one off and learn a thing or two!
forward. We want to make sure that you and your coach have ample time to connect and work together over the course of your training.

**We are here for you if you need us!**

Residents, if you don’t know who your coach is please reach out to Tammy (tammy.mok@utoronto.ca) for more information.

Faculty coaches, if you don’t know who your coachees are or are having issues connecting with your coachees, please email Tammy.

**What’s next?**

Coaches and coachees meet every two months, over the phone, via videoconference or safely in-person with appropriate social distancing measures in place.

The frequency of meetings can be adjusted depending on your needs.

Be sure to plan meetings before and after each competence review!

---

**Revisiting PGY1 ITARs & Rotation Plans**

In the June CBD Newsletter, we introduced ITARs (In-Training Assessment Reports) and Rotation Plans.

PGY1 rotations will have ITARs and Rotation Plans this year. Our PGY1s will be receiving their first ITAR for a clinical rotation at the end of the Block 2. You may notice that the ITAR has some new features in contrast to the ITER, such as the Learner Handover (see below).

PGY2+ rotations continue to use the traditional ITERs and Goals and Objectives for each rotation. We will slowly transition to ITARS and Rotations plans for these rotations over the coming years.

**What is the Learner Handover?**

This is meant to be a handover mechanism for supervisors. As per our Policy for Transparent Resident Support, residents are expected to bring a copy of their previous ITAR to share with their new supervisor. Information about a learner’s progress in a program is transferred between faculty members responsible for supervising, evaluating, and assessing the learner. The 7 CanMEDS roles are captured here as well as a question to identify whether a resident has specific actions or areas for improvement to be addressed in their next rotation.