PGY2 Hospital-Based Clinical Seminar

This is a site-based seminar offered at most sites with PGY2 residents. The purposes are:

1. To augment, enhance and bring to life the didactic, centralized seminars.
2. To provide residents with an opportunity to discuss their experience of learning psychiatry, and clinical experiences with a wide range of patients on the inpatient units, in the emergency rooms and from outpatient clinics, and to see the application of psychotherapeutic principles in all these settings.
3. To provide an opportunity for junior staff to pair with senior faculty and lead the seminars together, for mentorship and career development.
4. To provide residents with an opportunity to discuss the experience of learning psychiatry and psychotherapy in a small group setting. This seminar aims to facilitate the emotional transition from PGY1 to PGY2 through dedicated time to talk about experiences with colleagues and faculty.
5. To help residents to understand the fundamental integration of psychotherapy in all of psychiatry.

LOGISTICS & CONTENT: Depends of the site, but ideally weekly, lunch time hospital-based meetings for ~45 minutes with PGYIIs. Seminars are usually led by two staff members who can discuss Psychodynamic, CBT and other forms of psychotherapy.

This is an elective seminar in that, if the demands on the resident’s time is pressing, they are not required to attend. Lunch is provided at some sites. The spirit and focus of this seminar series is psychotherapy in general, not dynamic therapy in particular. An attitude of inclusiveness will be maintained at all times.

Residents are encouraged to bring in cases from the inpatient unit, the emergency room, the crisis clinic and assessment clinic, as well as any dynamic and CBT patient material they wish to discuss. Residents are encouraged to share their thoughts, sympathy, and similar experiences. Facilitators also offer their own experiences, including incidents from their own training. Themes of discussions include issues of boundaries, transference and countertransference, and more general issues pertaining to the learning of psychiatry, and to the application of theory to clinical practice, in a supportive and safe learning milieu. Faculty who lead the clinical seminars should receive a brief summary each week of the material covered in the central Dynamic and CBT seminars, so that they have the option of using it, when relevant, to illustrate and apply theory. The individual supervisors will also be kept in this loop, notifying them about what is covered in the central and hospital based seminars each week.