Learning Objectives if doing only 1 supervised case (minimum of 6 sessions) (Working Knowledge):

1. Demonstrates an empathic, respectful, curious, open, non-judgmental collaborative stance.
   
<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>N/A</th>
</tr>
</thead>
</table>

2. Demonstrates capacity to focus on objectives of improving the patient’s self-esteem, minimizing or preventing recurrence of symptoms, and maximizing the patient’s adaptive capacities.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>N/A</th>
</tr>
</thead>
</table>

3. Able to support, promote and recognize the patient’s ability to achieve goals that will promote his or her well-being, such as promoting self-esteem, managing symptoms and maximizing the patient’s adaptive capacities.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>N/A</th>
</tr>
</thead>
</table>

4. Demonstrates the ability to understand the patient as a unique individual within his or her family, socio-cultural, and community structure.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>N/A</th>
</tr>
</thead>
</table>

5. Is able to confront in a non-threatening, collaborative manner behaviors that are dangerous or damaging to the patient.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>N/A</th>
</tr>
</thead>
</table>

Comments:


Resident’s Signature / Date  Supervisor’s Signature / Date
Supportive Psychotherapy ITER

For >1 case - Learning Objectives include above, plus:

6. Is able to recognize and identify affects in the patient and himself or herself.
   1  2  3  4  5  N/A □

7. Is responsive to the patient and gives feedback and advice when appropriate, balanced with the patient’s needs for autonomy.
   1  2  3  4  5  N/A □

8. Is able to appropriately improve morale and adaptation.
   1  2  3  4  5  N/A □

9. Provides strategies to manage problems with affect regulation, thought disorders, relationships, morale, potential sources of anxiety or worry, or impaired reality testing.
   1  2  3  4  5  N/A □

10. Provides education and advice about the patient’s psychiatric condition, treatment, and adaptation while being sensitive to specific community systems of care and socio-cultural issues.
    1  2  3  4  5  N/A □

Comments:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Resident’s Signature / Date                                Supervisor’s Signature / Date