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**CBD STAGE**

**Transition to Discipline (TTD)**

**ASSESSMENTS**

View PGY1 EPA Rotation Cards

View PGY1 EPA Map

View Overall EPA Requirements

Generally residents should aim to attempt at least 1 EPA a week, and 1 every other week during LAE.\(^2\)

**REQUIRED TRAINING EXPERIENCES**

View the Royal College Training Experiences document

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1. Rotation order shown is a sample. All PGY1s in Psychiatry have 1 month of Springboard in July but the following rotations may appear in a different sequence. **Grey shaded rotations** = on-service/psychiatry rotations.
2. MSH does not have a home Psych ER service. MSH home-site residents complete both Psychiatry ER rotations at CAMH.
3. All residents complete one Psych ER block at CAMH in addition to Psych ER at their homesite.
4. LAE = Longitudinal Ambulatory Experience 1 is a once a week, half-day experience in PGY1. Timing and day of the week will depend on LAE site.
5. EPAs: PGY1s are encouraged to attempt at least 1 EPA per week during a core rotation, and 1 every other week in the LAE. During your off-service rotation, aim to complete 1 per off-service block. Residents can always do more if you can.
6. ITAR: In-Training Assessment Reports are the end-of-rotation assessment reports and are completed by the resident’s primary assessor via POWER.
7. Self-Reflection Form: This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time when this is required.
8. COPE Exam is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.
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**CBD STAGE**

| ROTATION 1 | Springboard (MSH, SMH, SHSC, UHN) | Underserved Marginalized Selective (Multi site) | Psychiatry Emergency (Home site; SJHC, SMH, SHSC, UHN) | Psychiatry Emergency (CAMH) | Consultation Liaison (MSH, SJHC, SMH, SHSC, UHN) | PLEX [Clinical/Research] (Multi site) | Family Medicine (CAMH) | General Internal Medicine-CTU (MSH, SJHC, SMH, SHSC, UHN) | General Neurology (MSH, SMH, SHSC, UHN) | Behavioural Neurology (SHSC) | Emergency Medicine (MSH, SJHC, SMH, SHSC, UHN) | Palliative Care (MSH, SMH, SHSC, UHN, WCH) | LAE 1 |

**OTHER TRAINING EXPERIENCES**

| ACLS | BCLS | TIDES | AHD LAE Meet with Coach | AHD LAE | AHD LAE Meet with Coach | AHD LAE | AHD LAE Meet with Coach | AHD LAE | AHD LAE Meet with Coach | AHD LAE |

**PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) KEY DATES**


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AHD = Academic Half Day occurs Wednesday mornings from 9am to 12pm. For simplicity, we are including the PGY1 Psychodynamic Seminar Series under this umbrella as it also occurs on Wednesdays usually either before or after 9-12 teaching (timing is site-dependent). For more details, refer to PGY1 Core Curriculum Schedule on Quercus > PGY1-5 Schedules and Documents > Curriculum Schedules.

Coaching: Each resident is assigned a CBD Coach. The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program, to review assessment data such as ITARs, EPAs, etc., and to help the resident make connections in areas of interest.

The Psychiatry Competence Subcommittee (PCS) meets twice a year in the Fall and Spring to review resident progress in the program. Prior to each review, we will collect various assessment data including ITARs, EPAs, Self-Reflection form, etc.