# PGY3 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

<table>
<thead>
<tr>
<th>STAGE</th>
<th>Core of Discipline (COD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATES</td>
<td>Longitudinal (July 1 to June 30)</td>
</tr>
</tbody>
</table>

## Rotation 1 (Sites)

<table>
<thead>
<tr>
<th>Rotation</th>
<th>Geriatric Psychiatry</th>
<th>Severe Persistent Mental Illness (SPMI)</th>
<th>PLEX</th>
<th>Emergency Psychiatry</th>
<th>Underserved Marginalized Selective</th>
<th>LAE 3*</th>
<th>Psychiatry On-Call</th>
<th>Psychotherapy</th>
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<tbody>
<tr>
<td>Core of Discipline (COD)</td>
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<tr>
<td>ASSESSMENTS*</td>
<td>View PGY3 EPA Rotation Cards</td>
<td>View PGY3 EPA Map</td>
<td>View Overall EPA requirements</td>
<td>Generally residents should aim to attempt at least 1 EPA a week, and 1 every other week during LAE.</td>
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<tr>
<td>PRIORITY</td>
<td>COD8 Psychopharmacology</td>
<td>COD9 Legal</td>
<td>Other</td>
<td>ITER Practice STACERs (see footnote 3)</td>
<td>Grand Rounds (once a year)</td>
<td>AS ABLE</td>
<td>COD1 Comprehensive Plans</td>
<td>COD7 Neurostimulation: Delivery</td>
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<tr>
<td>PREREQUISITE</td>
<td>COD3 Older Adults</td>
<td>COD4 Formulation</td>
<td>COD6 Psychopharmacology</td>
<td>Other</td>
<td>ITER Practice STACERs (see footnote 3)</td>
<td>Grand Rounds (once a year)</td>
<td>AS ABLE</td>
<td>COD9 Legal</td>
</tr>
<tr>
<td>AS ABLE</td>
<td>COD7 Neurostimulation: Applicable COD EPAs</td>
<td>COD9 Legal</td>
<td>COD10 Teaching</td>
<td>COD10 Teaching</td>
<td>COD9 Legal</td>
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<tr>
<td>OPTIONAL</td>
<td>Applicable TTP EPAs</td>
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1 Rotation order shown is a sample and rotations may appear in a different sequence.
2 LAE3 (Longitudinal Ambulatory Experience 3) is a once a week, full-day experience in PGY3. Date of the week will depend on the LAE site.
3 ITER vs. ITAR: Residents will receive an ITER during all rotations except for SPMI and some psychotherapy modalities where residents will receive an ITAR. By 2022-2023, all ITERs in PGY3 will be replaced by an ITAR.
4 PGY3 STACER Requirements: 6 Practice STACERs for the whole year and are booked at the core rotation sites. Residents should reach out to their Site Director to arrange scheduling.
5 Grand Rounds: Residents are required to present once in PGY3 at their LAE site.
6 Self-Reflection Form: This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. Typically submission to be done in October and April.
7 COPE Exam is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.
8 PREREQUISITE CAPABILITIES: EPAs during PLEX will depend on the type of elective.
9 The Quality Improvement Curriculum requires the completion of Personal Learning Projects in between workshops. During each workshop, residents will have the opportunity to share their work in small groups.
# PGY3 Sample Learner Schedule for Psychiatry

## Dates

<table>
<thead>
<tr>
<th>Stage</th>
<th>Dates</th>
<th>Longitudinal (July 1 to June 30)</th>
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## Stage

### Core of Discipline (COD)

<table>
<thead>
<tr>
<th>Rotation</th>
<th>Sites</th>
<th>Required Training Experiences</th>
<th>Other Training Experiences</th>
</tr>
</thead>
</table>
| Geriatric Psychiatry | Baycrest, CAMH, NYGH, MSH, SJHC, SMH, SHSC, UHN | Clinical COD 1.1.1 Geriatric Psychiatry | Core Curriculum; 1 x Quality Improvement session; Meet with Coach (every 2 months)
| Severe Persistent Mental Illness (SPM) | CAMH, MSH, SJHC, SMH, UHN | Clinical COD 1.1.7.1 Addictions COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses COD 1.1.7.5 Developmental Disorders COD 1.1.4 Electroconvulsive Therapy (ECT) COD 3.1.6.4 Motivational Interviewing | Core Curriculum; 2 x Quality Improvement sessions; Meet with Coach (every 2 months)
| PLEX | Multi site | RTEs will depend on resident’s choice of PLEX | Core Curriculum; 1 x Quality Improvement session; Meet with Coach (every 2 months)
| Emergency Psychiatry | CAMH, SJHC, SMH, SHSC, UHN | Clinical COD 3.1.3 Emergency Psychiatry COD 2.2 Supervision of junior learners | Core Curriculum; 1 x Quality Improvement session; 1 x Centering Madness session; Meet with Coach (every 2 months)
| Underserved Marginalized Selective | Multi site | Clinical COD 3.1.6 Longitudinal patient care | Clinical COD 1.1.8 After hours coverage for psychiatry
| LAE 3* | CAMH, MSH, SMH, SHSC, UHN, UHN | Clinical COD 1.1.6 Longitudinal patient care | Clinical COD 1.1.5 Delivery of psychotherapeutic treatments
| Psychiatry On-Call | (Multi site) | | |
| Psychotherapy | (Multi site) | | |

### Coaching

The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.

### PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) Dates

<table>
<thead>
<tr>
<th>Data Cut: October 24, 2021</th>
<th>Data Cut: April 10, 2022</th>
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<tbody>
<tr>
<td>PCS Review: November</td>
<td>PCS Review: May</td>
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For reference 2021-2022 PGY3 block dates are as follows:

1. July 1 to August 1
2. August 2 to August 29
3. August 30 to October 3
4. October 4 to October 31
5. November 1 to November 28
6. November 29 to January 2
7. January 3 to January 30
8. January 31 to February 27
9. February 28 to March 27
10. March 28 to April 24
11. April 25 to May 29
12. May 30 to June 30

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10 Refer to Psychotherapy Training Requirements on Quercus > PGY1-5 Schedules and Documents > Psychotherapy
11 Core Curriculum is tied to each rotation i.e. Inpatient residents will only attend Inpatient teaching. Note: Underserved/ER residents attend Underserved teaching over a 4 month period. For more details, refer to Quercus > PGY1-5 Schedules and Documents
12 Coaching: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.
# PGY4 Sample Learner Schedule for Psychiatry

<table>
<thead>
<tr>
<th>MONTH</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Jan</th>
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<th>May</th>
<th>Jun</th>
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<tbody>
<tr>
<td>STAGE</td>
<td>Consultation-Liaison Psychiatry (NYGH, MSH, SMH, SHSC incl. St. John’s Rehab, UHN)</td>
<td>Core of Discipline (COD)</td>
<td>Inpatient Psychiatry (CAMH, MSH, SHSC)</td>
<td>Addictions Psychiatry (CAMH, SMH, SHSC)</td>
<td>PLEX (Multi site)</td>
<td>Psychiatry On-Call (Multi site)</td>
<td>Psychotherapy (Multi site)</td>
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<tr>
<td>ROTATION</td>
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<tr>
<td>Sites</td>
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## Assessments

- View PGY4 EPA Rotation Cards
- View PGY4 EPA Map
- View Overall EPA Requirements

- Priorities: Core of Discipline (COD)
  - COD5 Emergencies
  - COD7 Neurostimulation (Part A: Suitability and B: Delivery)
  - COD8 Psychopharmacology
  - COD9 Legal
  - COD10 Teaching

- AS Able
  - COD1 Comprehensive Plans
  - COD2 Children and Youth
  - COD3 Older Adults
  - COD4 Formulation
  - COD6 Integrating Psychotherapy Skills
  - COD10 Teaching

- Optional
  - TTP1-A Practice Management – Patient
  - TTP1-B Practice Management – Team
  - TTP2 Supervising Trainees

### Principles of Experience (PLEX)
- COD6 Integrating Psychotherapy Skills

### Psychiatry On-Call
- COD5 Emergencies
- COD8 Psychopharmacology
- COD9 Legal

### Psychotherapy
- COD6 Integrating Psychotherapy Skills

### Other
- ITER or ITAR for each modality

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1. Residents will receive an: ITER during C-L, PLEX and some psychotherapy modalities; ITAR during Addictions, Inpatient and some psychotherapy modalities. By 2022-2023, all ITERs in PGY4 will be replaced by an ITAR.

2. PGY4 STACER Requirements: 6 Practice STACERS + 2 Exit for the whole year. Note practice STACERS are unnecessary if 2 Exit STACERS are successful. Exit STACERS are typically scheduled in the Fall and Spring.

3. Grand Rounds: Residents are required to present once in PGY4 at a core rotation site.

4. Self-Reflection Form: This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. Typically this is completed in October and April.

5. COPE Exam is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.

6. EPAs during PLEX will depend on the type of PLEX a learner completes.
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**STAGE**

| Core of Discipline (COD) |

**ROTATION (Sites)**

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**REQUIRED TRAINING EXPERIENCES**

| Core Curriculum; Meet with Coach |

**PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES**

| Data cut: Oct 24, 2021 | PCS Review: November |
| Data cut: April 10, 2022 | PCS Review: May |

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7 Refer to Psychotherapy Training Requirements on Quercus > PGY1-5 Schedules and Documents > Psychotherapy
8 Core Curriculum is tied to each rotation i.e. CL residents will only attend CL teaching. For more details, refer to Quercus > PGY1-5 Schedules and Documents
9 Coaching: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.