

PGY3 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY																
DATES	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)			
STAGE	Core of Discipline (COD)															
ROTATION <sup>1</sup> (Sites)	Geriatric Psychiatry (Baycrest, CAMH, NYGH, MSH, SJHC, SMH, SHSC, UHN)				Severe Persistent Mental Illness (SPMI) (CAMH, MSH, SJHC, SMH, UHN)			PLEX (Multi site)	Emergency Psychiatry (CAMH, SJHC, SMH, SHSC, UHN)	Underserved Marginalized Selective (Multi site)	LAE 3 <sup>2</sup> (CAMH, MSH, SMH, SHSC, UHN, WCH)	Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)			
ASSESSMENTS <sup>3</sup>  <a href="#">View PGY3 EPA Rotation Cards</a>  <a href="#">View PGY3 EPA Map</a>  <a href="#">View Overall EPA requirements</a>  Generally residents should aim to attempt at least 1 EPA a week, and 1 every other week during LAE3.	<b>PRIORITY</b> <b>EPAs</b> COD3 Older Adults COD4 Formulation COD8 Psychopharmacology				<b>PRIORITY</b> <b>EPAs</b> COD8 Psychopharmacology COD9 Legal			<b>PRIORITY</b> <b>Other</b> ITER Practice STACERs (see footnote 3) Grand Rounds (once a year)	<b>PRIORITY</b> <b>EPAs</b> COD5 Emergencies COD8 Psychopharmacology	<b>PRIORITY</b> <b>EPAs</b> COD8 Psychopharmacology	<b>PRIORITY</b> <b>EPAs</b> COD8 Psychopharmacology	<b>PRIORITY</b> <b>EPAs</b> COD8 Psychopharmacology	<b>PRIORITY</b> <b>EPAs</b> COD9 Legal	<b>AS ABLE</b> <b>EPAs</b> COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills		
	<b>Other</b> ITER Practice STACERs <sup>4</sup> Grand Rounds (once a year) <sup>5</sup> Self-Reflection Form <sup>6</sup> COPE Exam <sup>7</sup>				<b>Other</b> ITAR Practice STACERs (see footnote 3) Grand Rounds (once a year)			<b>AS ABLE</b> <b>EPAs</b> Applicable COD EPAs <sup>8</sup>	<b>Other</b> ITER Practice STACERs (see footnote 3) Grand Rounds (once a year) Self-Reflection Form (see footnote 6)	<b>Other</b> ITER Practice STACERs (see footnote 3) Grand Rounds (once a year) Quality Improvement Assignment – Personal Learning Project <sup>9</sup>	<b>Other</b> ITAR	<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD3 Older Adults COD4 Formulation COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills COD9 Legal	<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD2 Children and Youth COD3 Older Adults COD5 Emergencies COD8 Psychopharm	<b>Other</b> ITAR or ITER for each modality		
	<b>AS ABLE</b> <b>EPAs</b> COD5 Emergencies COD7-A Neurostimulation: Suitability COD7-B Neurostimulation: Delivery COD9 Legal COD10 Teaching				<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD5 Emergencies COD7-A Neurostimulation: Suitability COD7-B Neurostimulation: Delivery COD10 Teaching			<b>OPTIONAL</b> Applicable TTP EPAs	<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD2 Children and Youth COD3 Older Adults COD9 Legal COD10 Teaching	<b>AS ABLE</b> <b>EPAs</b> COD10 Teaching	<b>AS ABLE</b> <b>EPAs</b> COD10 Teaching	<b>OPTIONAL</b> <b>EPAs</b> TTP1-A Practice Management – Patient TTP1-B Practice Management - Team				
									<b>OPTIONAL</b> <b>EPAs</b> TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees							

<sup>1</sup> **Rotation order** shown is a sample and rotations may appear in a different sequence.

<sup>2</sup> **LAE3** (Longitudinal Ambulatory Experience 3) is a once a week, full-day experience in PGY3. Date of the week will depend on the LAE site.

<sup>3</sup> ITER vs. ITAR: Residents will receive an ITER during all rotations except for SPMI and some psychotherapy modalities where residents will receive an ITAR. By 2022-2023, all ITERs in PGY3 will be replaced by an ITAR.

<sup>4</sup> **PGY3 STACER Requirements:** 6 Practice STACERs for the whole year and are booked at the core rotation sites. Residents should reach out to their Site Director to arrange scheduling.

<sup>5</sup> **Grand Rounds:** Residents are required to present once in PGY3 at their LAE site.

<sup>6</sup> **Self-Reflection Form:** This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. Typically submission to be done in October and April.

<sup>7</sup> **COPE Exam** is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.

<sup>8</sup> EPAs during PLEX will depend on the type of elective.

<sup>9</sup> The **Quality Improvement Curriculum** requires the completion of Personal Learning Projects in between workshops. During each workshop, residents will have the opportunity to share their work in small groups.

PGY3 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY																
DATES	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)			
STAGE	Core of Discipline (COD)															
ROTATION <sup>1</sup> (Sites)	Geriatric Psychiatry (Baycrest, CAMH, NYGH, MSH, SJHC, SMH, SHSC, UHN)				Severe Persistent Mental Illness (SPMI) (CAMH, MSH, SJHC, SMH, UHN)			PLEX (Multi site)	Emergency Psychiatry (CAMH, SJHC, SMH, SHSC, UHN)		Underserved Marginalized Selective (Multi site)	LAE 3 <sup>2</sup> (CAMH, MSH, SMH, SHSC, UHN, WCH)		Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)	
REQUIRED TRAINING EXPERIENCES  View the <a href="#">Royal College Training Experiences document</a>	Clinical COD 1.1.1 Geriatric Psychiatry  May include: COD 1.1.4 Electroconvulsive Therapy (ECT)				Clinical COD 1.1.7.1 Addictions COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses COD 1.1.7.5. Developmental Disorders COD 1.1.4 Electroconvulsive Therapy (ECT) COD 3.1.6.4 Motivational Interviewing			RTEs will depend on resident's choice of PLEX	Clinical COD 3.1.3 Emergency Psychiatry COD 2.2 Supervision of junior learners		Clinical (may include) COD 3.1.1 Community Settings, including rural, remote, and/or telehealth COD 3.1.2 Day Hospital COD 3.1.4 Forensic Psychiatry and/or Correctional Setting		Clinical COD 1.1.6 Longitudinal patient care		Clinical COD 1.1.8 After hours coverage for psychiatry	Clinical COD 1.1.5 Delivery of psychotherapeutic treatments <sup>10</sup> COD 1.1.6 Longitudinal patient care
OTHER TRAINING EXPERIENCES <sup>11</sup>	Core Curriculum; 1 x Quality Improvement session; Meet with Coach (every 2 months) <sup>12</sup>				Core Curriculum; 2 x Quality Improvement sessions; Meet with Coach (every 2 months)			Meet with Coach (every 2 months)	Core Curriculum; 1 x Quality Improvement session; Meet with Coach (every 2 months)		Core Curriculum; 1 x Quality Improvement session; 1 x Centering Madness session; Meet with Coach (every 2 months)					
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: October 24, 2021	PCS Review: November					Data Cut: April 10, 2022	PCS Review: May					

For reference 2021-2022 PGY3 block dates are as follows:

1. July 1 to August 1  
2. August 2 to August 29  
3. August 30 to October 3  
4. October 4 to October 31  
5. November 1 to November 28  
6. November 29 to January 2
7. January 3 to January 30  
8. January 31 to February 27  
9. February 28 to March 27  
10. March 28 to April 24  
11. April 25 to May 29  
12. May 30 to June 30

<sup>10</sup> Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

<sup>11</sup> **Core Curriculum** is tied to each rotation i.e. Inpatient residents will only attend Inpatient teaching. Note: Underserved/ER residents attend Underserved teaching over a 4month period. For more details, refer to [Quercus](#) > PGY1-5 Schedules and Documents

<sup>12</sup> **Coaching:** The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.

PGY4 SAMPLE LEARNER SCHEDULE FOR **PSYCHIATRY**

MONTH	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)
STAGE	Core of Discipline (COD)												
ROTATION (Sites)	Consultation-Liaison Psychiatry (NYGH, MSH, SMH, SHSC incl. St. John's Rehab, UHN)			Inpatient Psychiatry (CAMH, MSH, SMH, SHSC, UHN)			Addictions Psychiatry (CAMH, SMH, SHSC)		PLEX (Multi site)		Psychiatry On-Call (Multi site)		Psychotherapy (Multi site)
<b>ASSESSMENTS<sup>1</sup></b>  <a href="#">View PGY4 EPA Rotation Cards</a>  <a href="#">View PGY4 EPA Map</a>  <a href="#">View Overall EPA requirements</a>  Generally residents should aim to attempt at least 1 EPA a week.	<b>PRIORITY</b> <b>EPAs</b> COD5 Emergencies COD8 Psychopharmacology COD9 Legal			<b>PRIORITY</b> <b>EPAs</b> COD5 Emergencies COD7 Neurostimulation (Part A: Suitability and B: Delivery) COD8 Psychopharmacology COD9 Legal			<b>PRIORITY</b> <b>EPAs</b> COD6-C Integrating Psychotherapy Skills COD8 Psychopharmacology		<b>PRIORITY</b> <b>Other</b> ITER 8 x STACERs (see footnote 2) Grand Rounds (once a year) Self-Reflection Form (see footnote 4)		<b>PRIORITY</b> <b>EPAs</b> COD9 Legal		<b>PRIORITY</b> <b>EPAs</b> COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills
	<b>Other</b> ITER 8 x STACERs <sup>2</sup> Grand Rounds (once a year) <sup>3</sup>			<b>Other</b> ITAR 8 x STACERs (see footnote 2) Grand Rounds (once a year) Self-Reflection Form <sup>4</sup> COPE Exam <sup>5</sup>			<b>Other</b> ITAR 8 x STACERs (see footnote 2) Grand Rounds (once a year)		<b>AS ABLE</b> <b>EPAs<sup>6</sup></b> Applicable COD EPAs		<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD2 Children and Youth Plans COD3 Older Adults COD5 Emergencies COD8 Psychopharm		<b>Other</b> ITAR or ITER for each modality
	<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD3 Older Adults COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching			<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching			<b>AS ABLE</b> <b>EPAs</b> COD1 Comprehensive Plans COD4 Formulation COD5 Emergencies		<b>OPTIONAL</b> Applicable TTP EPAs		<b>OPTIONAL</b> <b>EPAs</b> TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees		
	<b>OPTIONAL</b> <b>EPAs</b> TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees			<b>OPTIONAL</b> <b>EPAs</b> TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees									

<sup>1</sup> Residents will receive an: ITER during C-L, PLEX and some psychotherapy modalities; ITAR during Addictions, Inpatient and some psychotherapy modalities. By 2022-2023, all ITERs in PGY4 will be replaced by an ITAR.

<sup>2</sup> **PGY4 STACER Requirements:** 6 Practice STACERS + 2 Exit for the whole year. Note practice STACERS are unnecessary if 2 Exit STACERS are successful. Exit STACERS are typically scheduled in the Fall and Spring.

<sup>3</sup> **Grand Rounds:** Residents are required to present once in PGY4 at a core rotation site.

<sup>4</sup> **Self-Reflection Form:** This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. Typically this is completed in October and April.

<sup>5</sup> **COPE Exam** is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.

<sup>6</sup> EPAs during PLEX will depend on the type of PLEX a learner completes.

## PGY4 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

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REQUIRED TRAINING EXPERIENCES  View the <a href="#">Royal College Training Experiences document</a>	Clinical COD 1.1.3 Consultation Liaison Psychiatry  May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs			Clinical Inpatient Psychiatry COD 1.1.4 Electroconvulsive Therapy (ECT), including delivery COD 2.1.2 Neurostimulation  May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs COD 4.1 Participation in review boarding hearing			Clinical COD 1.1.7.1 Addictions Psychiatry COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses Motivational Interviewing  May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs		Clinical May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs		Clinical COD 1.1.8 After hours coverage for psychiatry COD 2.2. Supervision of junior learners		Clinical COD 1.1.5 Delivery of psychotherapeutic treatments <sup>7</sup> COD 1.1.6 Longitudinal patient care	
OTHER TRAINING EXPERIENCES <sup>8</sup>	Core Curriculum; Meet with Coach <sup>9</sup>			Neurostimulation simulation Meet with Coach (see footnote 8)			Core Curriculum; Meet with Coach (see footnote 8)		Meet with Coach (see footnote 8)					
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: Oct 24, 2021	PCS Review: November					Data cut: April 10, 2022	PCS Review: May			

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3. August 30 to October 3
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5. November 1 to November 28
6. November 29 to January 2
7. January 3 to January 30
8. January 31 to February 27
9. February 28 to March 27
10. March 28 to April 24
11. April 25 to May 29
12. May 30 to June 30

<sup>7</sup> Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

<sup>8</sup> **Core Curriculum** is tied to each rotation i.e. CL residents will only attend CL teaching. For more details, refer to [Quercus](#) > PGY1-5 Schedules and Documents

<sup>9</sup> **Coaching**: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.